



When most people think of massage they think of having to take their clothes off, lying down a table in a room somewhere & having someone work on their muscles for an hour or so. It's time-consuming, expensive and many people aren't comfortable being touched by someone whilst they're nude. How do you help people who still need the benefits of a massage?

What about a massage that comes directly to you, you get to sit in a comfortable, ergonomic chair, you don't have to take your clothes off, it can take just 10-20 minutes and it's very affordable?

We can visit your offices and make your staff that much more relaxed and productive through our neck, shoulder and/or Indian head massages, all within their lunchtime!

On-site modern chair massage was developed by David Palmer in the early 1980's to make the benefits of massage accessible to everyone.