



Are you constantly looking for new and creative ways to reward and motivate your employees? Why not bring something extraordinary into your place of work with one of our corporate massage packages? **Good For You** can promote wellness within your workplace that supports your employee's well being.

Corporate massage is one of the most cost effective ways to let your staff know that they are genuinely valued. Productivity and enthusiasm improves when people feel truly valued and we can help you fully engage with your most valuable assets - your people.

Some of the other benefits our angels can bring to your work place are:

For You:

- By taking an active role in promoting 'wellness' rather than treating 'sickness' in your workforce you will reap the benefits in terms of reducing employee stress and fatigue.
- Increase employee focus, productivity and company profitability.
- Helps to increase employee loyalty, motivation, and morale.
- Onsite massage decreases the number of stress related sick days, increases concentration, revitalises your employees body and mind leading to a more relaxed and happier working environment.
- It demonstrates your company's loyalty and support for your employees' health and well being.
- It enhances employee loyalty and is an excellent reflection on how your company is run.

For your employees and clients:

- Relieves muscle tension, headaches and eye strain.
- Elevates levels of natural "feel-good" endorphins.
- Improves concentration, alertness and mental clarity.

- Decreases stress, reduces sickness claims and boosts morale.
- Onsite massage provides a special individual moment every week, fortnight or month in the busy working environment.

Good For You are able to offer a comprehensive range of 10,15 and 30 minute massages including Indian Head massage, scalp, neck and shoulder massage, facial massages and hand massages. Just one of our staff can accommodate up to 25 staff in a one-day visit, though we can supply any number of staff to fit in with your specific requirements.

"The best ten minutes of my day ..."

A **Good For You** on-site massage is a specially designed unique experience. Our professionally trained staff provide de-stressing, energising and relaxing massages that leave you with a little piece of harmony and a lot of well being.